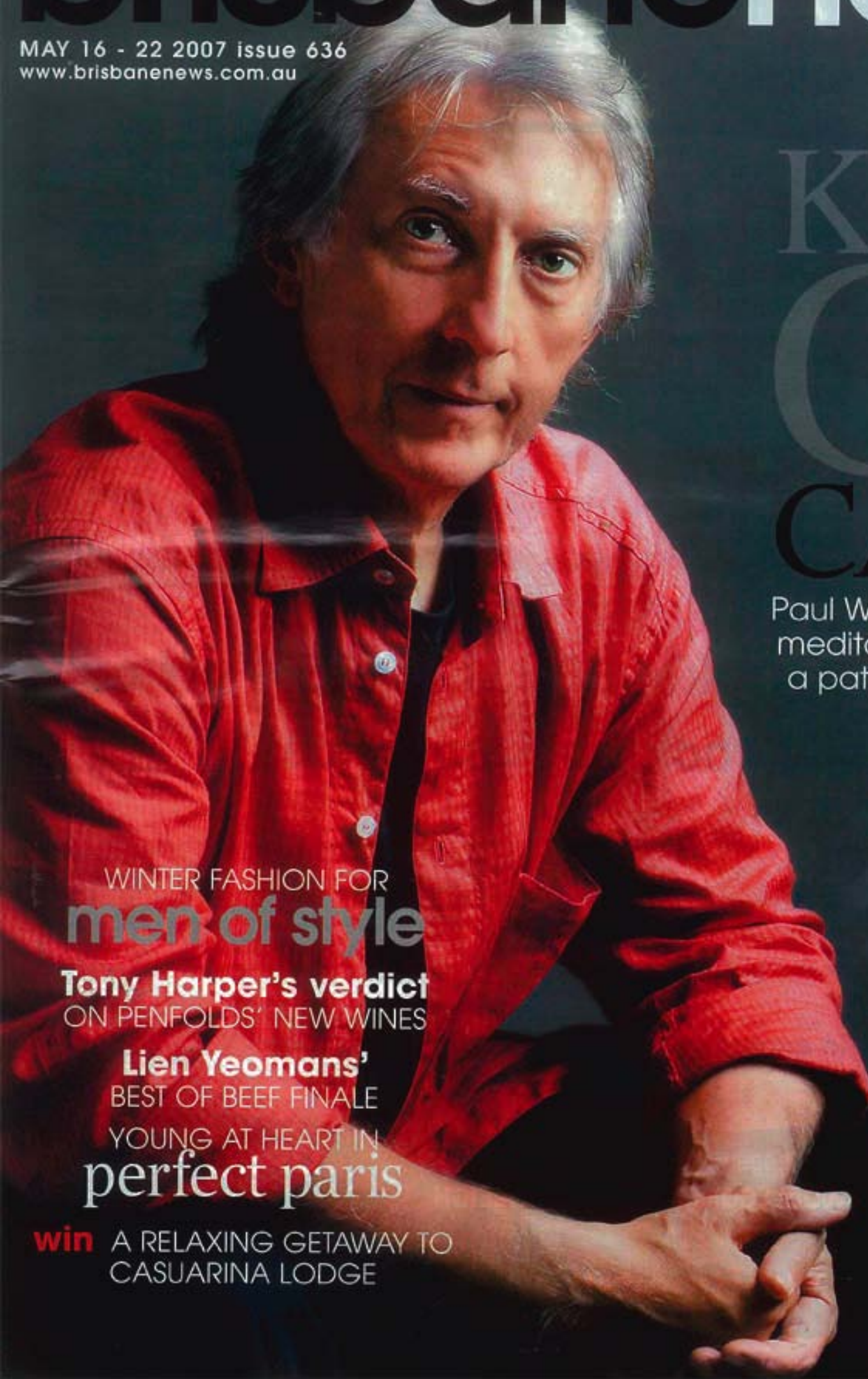


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## KING OF CALM

Paul Wilson, author and meditation guru, shows a path to inner peace

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feature <sup>5</sup>

# the QUIET AUSTRALIAN

International bestselling author and former Brisbane boy Paul Wilson has brought a sense of calm to millions of people. He gives **Phil Brown** a heads-up on how to find inner peace



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